







## Why this book is good

This booklet provides many learning points including:

- Words and sentences are read left to right.
- We make word sounds by using our exhaled breath, voice, mouth shape and tongue action.
- We need to look from the first letter through to the last letter of words to mentally see and hear their sound patterns internally before we actually say them, silently or out loud. This word recognition process becomes instantaneous with practice.
- Similar-looking words can trick the eyes, so it is important to visually scan a word first L-R, then hear it internally by mentally joining its sound units.
- We speak and read by exhaling air. This air creates sound waves by vibrating the vocal folds (cords). These vibrations then travel and resonate through the throat, nose and mouth cavities.
- The better our vocabulary, the better becomes our reading, speaking and thinking.
- Listening to stories read to us by expressive speakers is a very good way to learn new words.

This book is like having your own reading teacher.

