



How to draw the sun



The tripod grip—the main purpose of this book

1. **The three-finger pencil tripod team of thumb, index and middle finger** is very important because these three fingers work together in a relaxed pinch position to hold and move the pencil or writing tool backwards and forwards to draw, colour and write. This position is called the **tripod grip**. It stops arm and finger muscles getting tired, especially when you have to handwrite passages of text for stories, essays and in later years, exams. Grip firmly but **not tightly**.
2. **The ring finger and pinky** are the **support team**. They curl under the three tripod fingers. Pinky rests on the page to support your whole hand and arm so the three grip fingers are able to move the pencil freely. Pinky is also the **slider** because it slides your hand along the paper to allow you to continue moving your writing or colouring tool effortlessly.
3. The non-writing hand is the book or page holder to stop it slipping. It can also turn and hold the book or page at different angles to help you colour or draw a section more easily — even upside down if necessary.



Tree on a hill sun

Colour this picture
to match
this one.

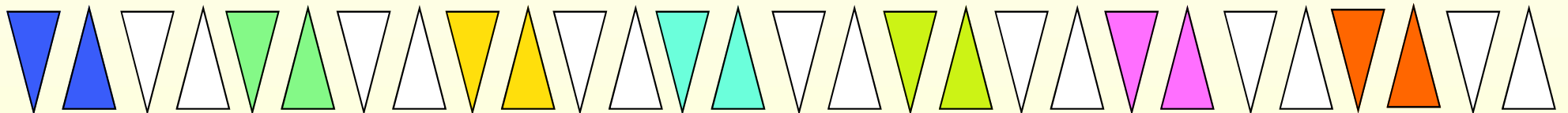


Ellie Hallett

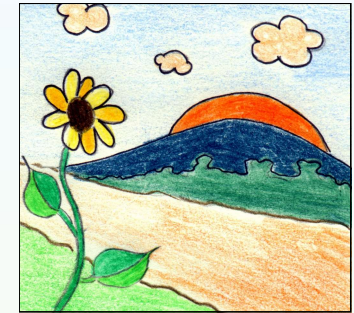
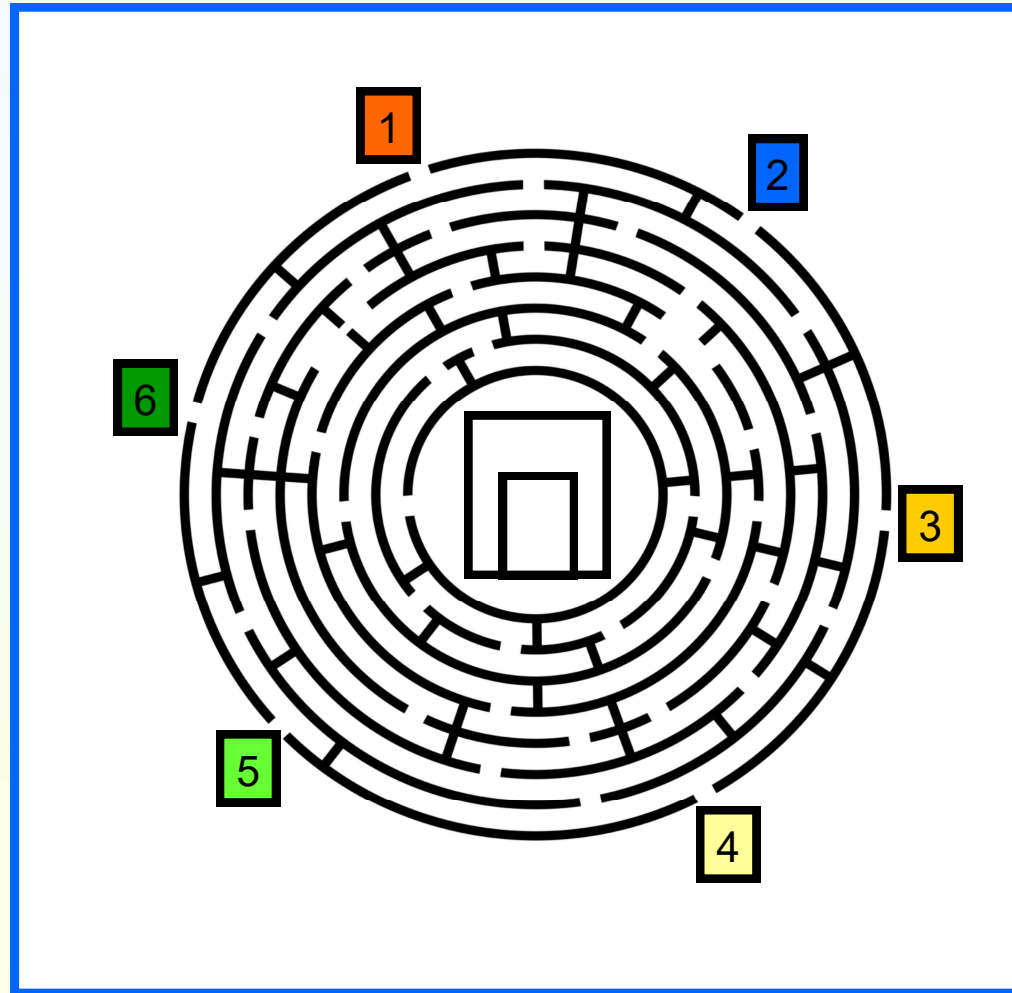
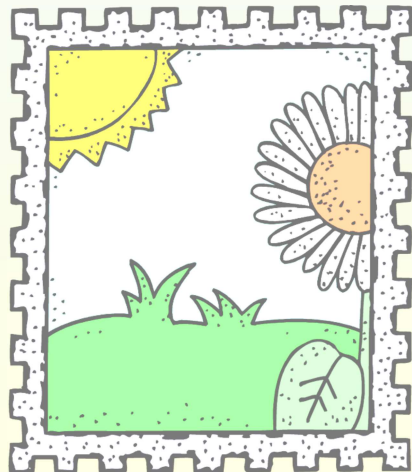
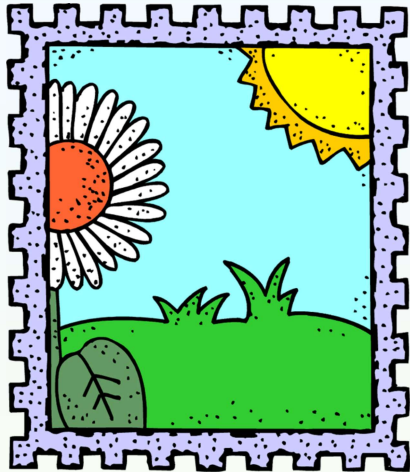
Boating sun 2



Continue the pattern using your choice of colours.



Setting sun 1



Only **ONE** box has a path that goes to the house in the middle of the puzzle. What is its number?

Colour the path from the box to the house in that same colour.

Page Numbers	Titles
1	How to Draw the Sun; Tripod grip info.
2-3	Boating sun
4-5	Desert sun
6-7	City sun
8-9	Sunburst sun
10-11	Cloudy sun
12-13	Snowman sun
14-15	Sun on a full moon
16-17	Afternoon ducks sun
18-19	Smiling kite sun
20-21	Squiggly sun
22-23	Setting sun

Page Numbers	Titles
24-25	Rise and shine sun
26-27	Winding road sun
28-29	Horizon sun
30-31	Time to wake up sun
32-33	Rolling hills sun
34-35	Crashing wave sun
36-37	Wavy sky sun
38-39	White light sun
40-41	Country sun
42-23	Happy sun
44-45	Cockatoo sun
46-48	Diurnal Australian birds

Getting started and how to achieve impressive results

1. This book was written to specifically to help children and teens develop the habit of using the **tripod grip** for pencil (and handwriting or drawing with other hand-held tools) as an automatic life-long habit.
(See more details on the inside front cover.)
2. Have your pencils and a wide flat working surface ready before you start. Soft, slightly blunt pencils work well for general colouring. A sharp pencil is best for drawing outlines, dots and small details.
3. When colour a large area with a straight border, hold a ruler against the straight line and then colour backwards and forwards left to right rapidly, bumping against the ruler to form a neat edge.
4. When drawing, colouring or writing, look at the paper and not the pencil tip. The tripod grip helps you do this.
5. Use high quality pencils and collect as many colours as possible to be able to create accurate second copies.
6. Colour-in so that you can hardly see your pencil marks. Go in the direction each picture section suggests.
7. **On each right-side page, copy-colour the pale picture** by first tracing the lines with a sharp pencil, and then colouring-in the shapes with colours to match the main picture so that they look identical.
8. Do small sections of several drawings in the same sitting, or work on one over several days. Notice that some pictures need you to blend colours, such as the *Tree on a Hill Sun* pictures on the inside cover.
9. Produce high-quality colouring and drawing so that you are proud of the results and keep this book in a safe place so that it is always ready for you to continue or show friends!

